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Internal Use



1 Tablespoon
activated charcoal

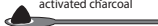


8 ounces
water or
juice

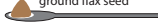
Stir slowly and drink.

External Use

2 Teaspoons
activated charcoal



2 Teaspoons
ground flax seed



1/8 cup of water



Stir into a paste.
Let set for 10 minutes
to thicken.



Spread onto
folded paper towel.

Put on affected
skin area.



Wrap with a larger
square of
plastic wrap.



Secure with
"vet wrap"
or tape.



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Activated Medicinal Charcoal

Historically used for:

**Poisoning*

**Overdose*

**Food poisoning*

**Posionous bites*

**Skin infections*

**Acid reflux*



Keep activated medicinal charcoal on hand for emergencies

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